

In response to the planned creation of many new temporary cycleways across the UK, to ease the burden on public transport during the lifting of lockdown, we have outlined the 8 guiding points that may help create successful infrastructure; which boosts both physical and mental health.

- 1. Cycleways should be simple, accessible and easy to use, with clear minimal signage.
- 2. Cycleways should connect more than just 'Home to Work', including local green spaces, other neighbourhoods and the wider environment Vitally cycle lanes should not be limited to high-income areas and give equal opportunities to all.
- 3. Cycleways should benefit both cyclists and pedestrians, where possible, required space should always be taken from motor vehicles.
- 4. Cycleways should give the opportunity to be customised by local communities to give an sense of identity and ownership.
- 5. Longer stretches of cycleways should include WC services/public refreshment areas, where possible, to inspire confidence and encourage maximum uptake.
- 6. Cycleways should seek to employ vegetation in areas which lack green space.
- 7. Cycleways should be easily reversible but should also act as a trial for potential future permanent interventions.
- 8. Finally and most importantly, cycleways should fulfil all the relevant social distancing requirements